



**STANDARD OPERATING PROCEDURE**

**COCONUT OIL CLASS**

## **PREFACE**

Mangupura, 1 November 2022



Greetings from Care and Love Corporation,

First of all, we would like to thank to Ida Sang Hyang Widhi Wasa (God Almighty) for the completion of this standard operating procedure. This guidance book is based on the owner's experience in hospitality industry, which aims to help young people who want to work in hospitality industry, especially in Katak Tepi Sawah Villa, Restaurant and SPA.

**CEO**

**CARE & LOVE CORPORATION**

**I Nyoman Sudiartawan, S.**

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## COCONUT OIL MAKING PROCESS




### Introduce ourself to the guest






Good Morning/ Afternoon, My name is Kusuma and I will be your guide and chef for today. Before we start to make coconut we will explain to you the information about the coconut tree, the name and function of each coconut tree part.

Coconut tree is easy to find in Bali, we can harvest the fruit 6-10 years after we plant it. In Bali every part of coconut from the leaves until the root of is very useful.

Here is the explanation:

### COCONUT TREE AND FUNCTION OF EACH PART

Pictures	Function
	<p>Young Coconut Leaves For Canang</p>
	<p>Bungsil (Small Coconut Fruit)</p>
	<p>Klungah (Other Types Of Coconut, Usually Smaller) Often Used For Holy Water / Melukat (Purify) / Lawar Klungah (Balinese Special Food)</p>

	<p>Young Coconut (Refreshing Drinks/ Rujak Coconut)</p>
	<p>Coconut (Food And Beverage From Coconut (Urab Sayur - Vegetable Mix With Grated Grilled Coconut, Sayur Paku Tain Lengis.</p>
	<p>Old Coconut Water (Good For The Growth Of Plants)</p>
	<p>Coconut Fiber (As The Place To Plant The Orchid)</p>
	<p>Coconut Shell (As Media To Grilled Something)</p>



Coconut Oil (Good For Skin And Hair Also As Cooking Oil). Coconut Oil Consist Of Vitamins (I.E., Vitamin E), Minerals (I.E., Iron), Essential Lauric And Saturated Fats)

**After explaining the part of coconut tree:**

1. Ask the guest to wear KTS apron
2. Prepare the tools for opening the coconut (axe, showing coconut traditional grater, knife)
3. Pick the coconut
4. Separate the coconut shells with the flesh:
  - Remove coconut water
  - Divide the coconut to good size so easily to grate it
5. Grate manually or with machine
6. Squeeze the coconut that's been grated
7. Boiled The Coconut Milk
8. Filter The Oil
9. Fry It Before It Can Be Used

**ADDITIONAL SERVICE**

- Drink young coconut water
- Eat with coconut dishes(white rice, urab, pesan tlangis, chicken kalas, kolak pisang)
- Submission of the certificate and coconut oil