



# STANDARD OPERATING PROCEDURE CULINARY DEPARTMENT

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## **PREFACE**

Mangupura, 1 December 2019



Greetings from Care and Love Corporation,

First of all, we would like to thank to Ida Sang Hyang Widhi Wasa (God Almighty) for the completion of this standard operating procedure. This guidance book is based on the owner's experience in hospitality industry, which aims to help young people who want to work in hospitality industry, especially in Katak Tepi Sawah Villa, Restaurant and SPA.

**CEO**

**CARE & LOVE CORPORATION**

**I Nyoman Sudiartawan, S.S**



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## TOURISM DESTINATION

### 1. SUNSET TOUR

- a. Sunset tour: Taman Ayun & Tanah Lot
  - b. Sunset Tour: Taman Ayun, Tanah Lot, Jatiluwih
  - c. Sunset Tour: GWK, Blue Point Beach, Uluwatu, Jimbaran Grill Seafood
- **Taman Ayun Temple ( Famous of Heritage Temple)**

Taman Ayun Temple is a Royal Temple of Mengwi Empire and it is located in Mengwi Village, Mengwi Subdistrict, Badung Regency. Around 8 km from KTS Bali. It is a Palace Temple is built on the flat land with big fish pond surround it. In 2012, Unesco designated Taman Ayun Temple as part of a world cultural heritage site.

This temple was built by the King of Mengwi, I Gusti Agung Putu, in 1556 Saka. *I Gusti Agung Putu.*



#### **What do you have to remember about Taman Ayun Temple**

- Located in Mengwi Village, Mengwi Subdistrict, Badung Regency.
  - Built by the King of Mengwi, I Gusti Agung Putu, in 1556 Saka (1634 AD).
  - *Paibon / Pedarman* to worship the ancestral spirits of kings, and also built *meru* for worship God as manifestation as Lord Visnu.
  - One of a world cultural heritage site by UNESCO.
- **Tanah Lot Temple**

Tanah Lot Temple is located at Beraban Village, Kediri, Tabanan Regency, only 30 km away from KTS. The famous is the beautiful sunset combine with the stunning Panorama with temple and Balinese Kecak dance.

Tanah lot was founded by the Javanese priest Danghyang Nirartha in the 16th century. Tanah Lot Temple is one of the six cardinal temple that are strung out in a line down the west coast



**What do you have to remember about Tanah Lot Temple**

- Located at Beraban Village, Kediri, Tabanan Regency, only 30 km away from KTS.
- Founded by the Javanese priest Danghyang Nirartha in the 16th century.
- The main deity of the temple is *Dewa Baruna* or *Bhatara Segara*, who is the sea god or sea power and Nirartha is also worshipped here.
- The famous is the beautiful sunset panorama and Balinese kecak dance.

• **Jatiluwi**

**Famous rice terrace view and Subak Heritage**

Jatiluwi is a favorite tourist destination in Bali, it is famous with the beautiful rice terrace unfolding from the foot of mountain until the coastal side. It is one of places to visit in Bali with the beautiful view. Jatiluwi comes from “*Jati*” and “*Luwi*”, where “*Jati*” mean really and “*Luwi*” meaning special, good and beautiful. So Jatiluwi means trully beautiful

Farmers in Jatiluwi still use the traditional Balinese rice field irrigation system (SUBAK) and Subak become UNESCO's World Heritage Site in June 2012



**What do you have to remember about Jatiluwi :**

- Located at Jatiluwi village, Penebel, Tabanan Regency.
- One of a world cultural heritage site by UNESCO.
- Famous with the beautiful rice terrace unfolding from the foot of mountain until the coastal side with traditional Balinese rice field irrigation system (SUBAK)

- **Garuda Wisnu Kencana (GWK)**

**(Famous for Great Statue as the third highest statue in the world)**

GWK is located in Ungasan Village, South Kuta District, Badung Regency. GWK (Garuda Wisnu Kencana) is the largest statue in Bali with the beautiful park surrounding the area here.

GWK was designed and built by Nyoman Nuarta, one of Indonesia's foremost modern sculptor. The main statue standing 150 meters tall with its wings span 64 meters across. It surrounded by more than 240 hectares cultural park limestone quarry. The culture park will provide attraction for both local and foreign visitor with supporting facilities such as Lotus Pond.



**What do you have to remember about Garuda Wisnu Kencana (GWK)**

- Located in Ungasan Village, South Kuta District, Badung Regency
- Built by Nyoman Nuarta, one of Indonesia's foremost modern sculptor
- Famous for Great Statue as the third highest statue in the world

- **Blue Point Beach**

**Suluban Beach** or what is often known by foreign tourists as Blue Point Beach is an exotic and charming beach destination in Bali. This beach is located in Pecatu Village, South Kuta District, Badung, Bali.

The name Suluban is taken in Balinese Language which means "**Mesulub**". It because to reach this beach location tourists have to pass through small alleys under the hill as far as 200 m and through stairs as far as 50 m. Another uniqueness of this beach are it has steep cliffs, bluish green water and big waves.



**Conclusion Blue Point Beach**

- Located in Pecatu Village, South Kuta District, Badung, Bali.
- The uniqueness : tourists have to pass through small alleys under the hill as far as 200 m and through stairs as far as 50 m also it has steep cliffs, bluish green water and big waves.

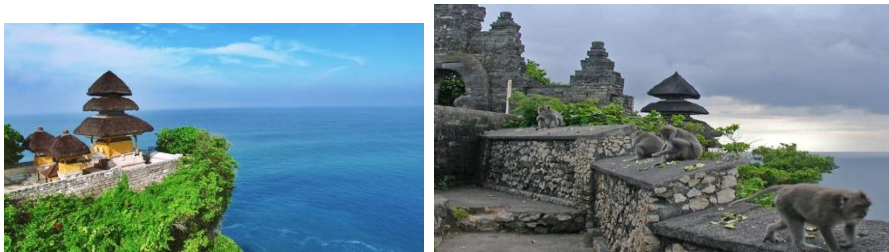
- One of the famous exotic and charming beach destination in Bali.

- **Uluwatu Temple**

**(Famous for temple on the rock with sunset view, monkey and kecak dance performance)**

Uluwatu Temple is one of the prettiest temple with stunning blue ocean, with beautiful sunset as background. Present Kecak Dance performance every evening. Uluwatu Luhur temple is precisely located in the village of Pecatu, Badung Regency. Around 1 hour from KTS Villa. It is one of Sad Kahyangan Temple in Bali (six big groups of Bali Temples). This temple is located in the south of the island of Bali which worships God in his manifestation as Lord Brahma

It is situated on the coral reef about 80 meters above the sea level. It is featured by a small dry forest which mostly called by Alas Kekeran (interdict forest) which is belong to the temple and dwelt by a lot of monkeys and other animal.



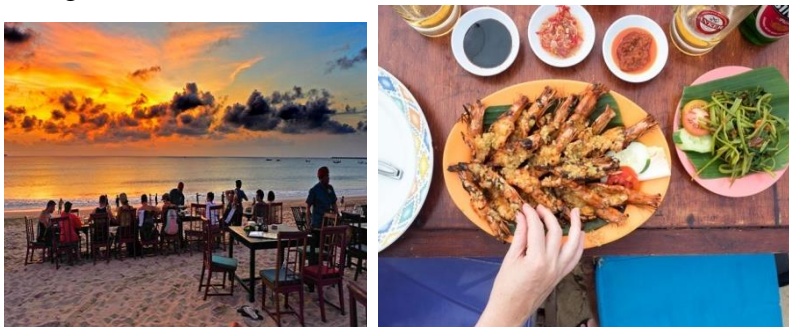
**What do you have to remember about Uluwatu Temple**

- Located in the village of Pecatu, Badung Regency
- It is one of Sad Kahyangan Temple in Bali (six big groups of Bali Temples)
- This temple is worships God in his manifestation as Lord Brahma.
- Famous for temple on the rock with sunset view, monkey and kecak dance performance

- **Jimbaran Grill Seafood**

**(Famous of great, fresh and variant of seafood)**

It is not complete when visiting South Bali without stopping at the seafood restaurant which is the hallmark of the Jimbaran area. Mostly located in along coast of Jimbaran beach. You can enjoy the seafood on the white sand beach. Here also many plenty of cafes are available. They are offering delicious seafood dinner with breath taking view of Indian Ocean and sunset view



### What Do You Have To Remember About Jimbaran Grill Seafood

- Located in along coast of Jimbaran beach
- The Best Place to have seafood dinner with breath taking view of Indian Ocean and sunset view.

### 2. UBUD TOUR

- Batubulan Village (Bidadari Batik)
  - Celuk village (UC Silver)
  - Batuan Village (Batuan temple, Dewa Toris Painting)
  - Kemenuh (Ida Bagus Marka the biggest word carving in Bali)
  - Ubud (Ubud Palace, Monkey forest, Tegalalang, Tirta empul)
- **Batubulan Village ( Bidadari Batik)**

Batubulan Village Bali is an art village located in Gianyar Regency. Its a center art of Bali, such as Barong, Stone Carving and wood carving. Besides that in this village also well known with Bidadari Batik.



- **Celuk village (UC Silver)**

Celuk Village is a traditional Balinese village located in Gianyar Regency. It has the uniqueness and excellent in production of gold and silver handicrafts. Almost all the families and villagers are Balinese who professional, skilled and art to develop the creative design products related to the gold and silvers. One of the famous Gold and Silver galery is UC Silver



- **Batuan Temple**  
**(Famous for paintings and one of the oldest temple in Bali)**

Batuan village famous for paintings and it calls as painting village. Visitor will find a lot of painting outlets a long the way of Batuan village. Type of painting such as religious or mytical character of wayang, contemporary paintings and nature.

In this place there is a famous old temple, it is Puseh Batuan Temple, the oldest Puseh temple in Bali. It is located in Dusun Tengah, Batuan country side , Sukawati, Gianyar



**What do you have to remember about Batuan Temple :**

- Located in Dusun Tengah, Batuan country side, Sukawati, Gianyar
- Founded in the year 944 isaka (1020 AD)
- Puseh Batuan Temple, the oldest Puseh temple in Bali, to worship of God Vishnu
- Famous for paintings and one of the oldest temple in Bali

- **Kemenuh : Ida Bagus Marka**

**Kemenuh village** is located in Sukawati District , Gianyar regency. **Kemenuh village** is just 10 minutes from Ubud, the village has big potential in art especially in wood carfing Ida Bagus Marka one of the biggest wood carving gallery.



- **Ubud Palace**

Puri Ubud or Puri Saren Agung is historical heritage. It was the official residence of the royal family of Ubud of Gelgel Kingdom in 17 century. Located in the center of Ubud at Raya Ubud Street No.8, Ubud District, Gianyar, Bali-Indonesia. Puri is special name for the house of the aristocrats in Ubud.

Puri Ubud is a famous icon of Ubud. It was built during the reign of *Ida Tjokorda Putu Kandel from 1800-1823*. This Puri became the beginning of the art in Ubud, which became famous almost around the world. There are some art performances of traditional Balinese dances at night on predetermined schedules in this place, such as the Barong dance, Legong dance and Ramayana Dance.



**Conclusion Ubud Palace :**

- Located in the center of Ubud at Raya Ubud Street No.8, Ubud District, Gianyar, Bali-Indonesia
- Built during the reign of Ida Tjokorda Putu Kandel from 1800-1823
- One of the famous art places around the world based in Ubud. There are some art performances of traditional Balinese dances such as the Barong dance, Legong dance and Ramayana Dance.

- **Monkey Forest**

Ubud monkey forest is a small rain forest dwelt by some group of monkeys and other tropical animals. It is located in the center of Ubud Village, precisely located in the region of Padang Tegal Village, Gianyar regency. Monkey forest in Balinese language called Wanara wana. Monkey Forest Ubud is a nature reserve and a temple also known as the Mandala Suci Wenara Wana which has a mission to preserve the area based on the concept of Tri Hita Karana.



**What do you have to remember about Monkey Forest :**

- Located in the region of Padang Tegal Village, Gianyar regency
  - The forest is owned by the Padangtegal community and managed by Mandala Suci Wenara Wana Management
  - Have 3 temples : Pura Dalem Agung Padangtegal (worship in personification of Shiva), The Pura Beji (A "Holy Spring" bathing temple worship in personification of the goddess Gangga), The Pura Prajapati (worship in personification of Prajapati)
  - The famous place of a small rain forest dwelt by some group of monkeys and other tropical animals
- **Tegallalang ( Famous for Beautiful Rice fields terrace)**

Tegallalang located in Ubud, it is beautiful view of terraced rice field with stretch of terraced rice fields with a fairly steep slope. Tegallalang country side is located at 5 km northern part of Ubud Village and own magnificent view of rice terrace. Need about 25 minutes driving from central Ubud to get the Tegallalang Village location.

The rice terrace is designed very beautiful with exquisite hollowing rice fields and precisely located on the hill bank. In this place, you will see the Balinese farmer do their rice field in oblique area complete with its system irrigation.



**What Do You Have To Remember About Tegallalang :**

- Located in at 5 km northern part of Ubud Village, Gianyar Regency
- Famous for Beautiful Rice fields terrace
- **Tirta Empul Temple (Famous for holy natural spring water and cleansing spirit in the temple)**

Tirta Empul Temple or Tampak Siring Temple is a holy water temple located in Tampak Siring Village, Tampaksiring District, Gianyar Regency, Bali and it is about 39 km eastwards from Denpasar town. It is set in the dale and encircled by the hill. In the west side of this temple, there is an Indonesian President palace which has been found by the first President.

This temple was build on *960 AD in at the time of king Chandrabhaya Singha Warmadewa.*



**What Do You Have To Remember About Tirta Empul Temple**

- Located in Tampak Siring Village, Tampaksiring District, Gianyar Regency, Bali
- Build on 960 AD in at the time of king Chandrabhaya Singha Warmadewa
- The temple is dedicated to God Vishnu
- Famous for holy natural spring water and cleansing spirit in the temple

**3. BEDUGUL TOUR**

Taman Ayun – Pacung coffee – Botanical Garden – Candikuning market – Ulun Danu Beratan Temple

- **Pacung Coffee**

**(Testing any type of coffee flavor including the famous Luwak coffee)**

Luwak coffee or Civet Coffee made from coffee cherries which have been eaten by and passed through the digestive track of the Asian Palm Civet. After collected, the beans are processed hygienically, and given only a medium roast, so as to not destroy the complex flavors that develop trough the process.

Kopi Luwak is origin from wild civet which live mutualism with coffee farmers. Civets use their nature insting to eat the best taste of coffee cherries in the coffee plantation.



**What Do You Have To Remember About Pacung Coffee :**

- Luwak coffee is origin from wild civet which live mutualism with coffee farmers.
- The beans are processed hygienically, and given only a medium roast so as to not destroy the complex flavors that develop trough the process

• **Botanical Garden**

Bedugul Botanical Garden or **Kebun Raya Eka Karya** is the huge tropical garden located on the Bedugul plateau area in Bali. It is situated in cool atmosphere with rain forest and hills surrounds it. This botanical garden is opened on 1959 and owns 154, 5 ha land located in Tabanan regency, northwest part of Bali.

It is close to beautiful lake which is called Beratan Lake and Ulun Danu temple. It is completed by more than 1187 plant types and multi various of floras and many orchid collections. Near with this area, there are several interesting spots such as Candi Bentar, Ramayana Boulevard, Kumbakarna Laga Statue and Roses Garden



**What Do You Have To Remember About Bedugul Botanical Garden :**

- Located on the Bedugul plateau in Tabanan regency, northwest part of Bali.
- This botanical garden is opened on 1959.
- The famous spot to have picnic and shopping at market. It is situated in cool atmosphere with rain forest and hills surrounds it.

• **Candi Kuning Traditional Market**

**(Famous trading system for tropical fruits and vegetables)**

Candi kuning Traditional Market located in the Bedugul area (Tabanan Regency). This area has fertile agricultural land, and suitable for various types of vegetables, herbs and fruits, you can find in this market.

In this market presenting unique local community activities by serving various fresh vegetables, herbs and fruits. This market is opened from 7:00 am and closed at 18:00.



**What Do You Have To Remember About Candi Kuning Traditional Market :**

- Located in the Bedugul area (Tabanan Regency).
- Managed by Candi Kuning village
- This market is opened from 7:00 - 18:00
- Famous trading system for tropical fruits and vegetables

• **Ulun Danu Beratan Temple**

**Pura Ulun Danu Beratan** and it's also called Floating Temple. This temple is located in Tabanan Regency. The entrance decorate by frog statue which is means we have to be flexible in life, like the frog live.



**4. KINTAMANI TOUR**

- a. Batubulan Batik, Celuk Silver, Batuan temple and painting

- b. Tampak siring, Tirta empul
- c. Penelokan having lunch and see the view
- d. Mount Batur
- e. Tegalalang
- f. Back to the hotel

- **Penelokan Kintamani ( Famous for mount Batur & Lake view)**

The journey to Kintamani from Denpasar city, about 2 hours. The favorite area to enjoy its beauty is in the caldera area of Mount Batur which is located in Penelokan Village, Kintamani District. A long this area there are many restaurants as the favorite spot for meals and relaxing while enjoy the beauty of mount and lake panorama.

Mount Batur is currently also a destination for adventure trekking tours to see the beauty of sunrise behind the mount. It take around 3-5 hour to get to the top of the mount. We advice our guests to start the trip at 01.00 am from KTS.



**Mount Batur (One of the best spot to see sunrise)**

**Mount Batur (Gunung Batur)** is an active volcano located at the center of two concentric calderas north west of **Mount Agung** on the island of Bali, Indonesia.



**What Do You Have To Remember About Penelokan Kintamani :**

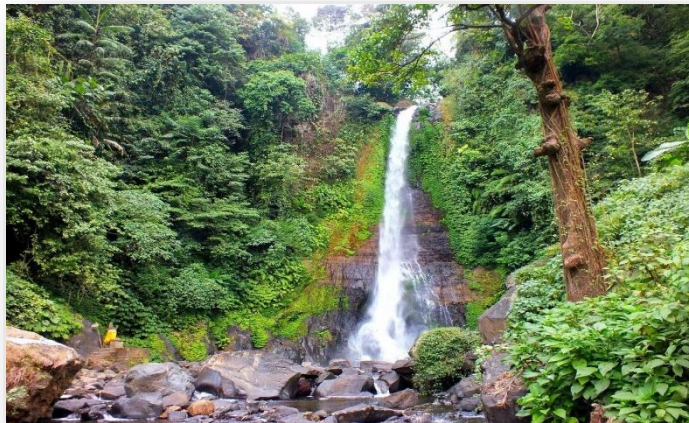
- Located in Penelokan Village, Kintamani District. About 2 hours from Denpasar city
- Mount Batur is currently also a destination for adventure trekking tours
- Famous for mount Batur & Lake view

**5. LOVINA TOUR**

- a. Taman Ayun
- b. Bedugul (Taman Ayun, Pacung coffee, Botanical Garden, Candikuning market, Ulundanu temple)
- c. Gitgit waterfall
- d. Lovina ( Dolphin, Snorkling Hot Waterspring Banjar)

• **Gitgit Waterfall**

**GitGit** twin **waterfall** is located in north Bali, near the Singaraja area. It's a 30 minutes drive from Singaraja.



• **Lovina Beach (Famous of white sand beach and dolphin)**



Lovina Beach is the famous tourist place in north part of Bali with the specktaclar of *dolphin* watching tour on the calm seawater and has the best sunrise spots. Precisely 10 km to the west of Singaraja City. The location is in Kalibukbuk Village, Buleleng Regency, Bali.

It is situated in the costal side of Buleleng regency with black sand unfolding along the beach area. To reach best spot to watch dolphin attractions is in the middle of the sea, you have to rent a special boat that has been provided by the manager here. Ideal time to see, *dolphins appear is in the morning, around 06:00 - 09:00* to be precise. Best season is during the dry season, around April - October.



**What Do You Have To Remember About Lovina Beach :**

- The location is in Kalibukbuk Village, Buleleng Regency, Bali
  - Ideal time to see dolphins appear is in the morning around 06:00 - 09:00
  - Best season is during the dry season, around April - October.
  - the famous place in north part of Bali with the specktaclar of dolphin watching tour on the calm seawater and has the best sunrise spots
- **Hot Spring Banjar (Famous for hot water spring and budhist temple)**



Not far from this vihara there are beautiful spot, it is Hot Spring Water Banjar is the unique of natural swimming pool with warm water and contain of mineral that give benefit for healthy ( skincare and problem of breath). It is located in Banjar Village, Buleleng Regency, Bali. To reach this location you have to travel 25 km from the city of Singaraja. The hot water source is coming from Mount Batukaru where the water is not many containing the brimstone.

**What Do You Have To Remember About Hot Spring Banjar**

- Located in Banjar Village, Buleleng Regency, Bali
- The hot water source is coming from Mount Batukaru
- Famous for hot water spring and budhist temple

**6. BELIMBING TOUR**

- a. Taman Ayun
- b. Bajra market
- c. Kubu Tepi Sawah ( Trekking, Cylcing, Camping, Monkey forest, Mekori temple)
- d. Taman Ayun

- e. Bajra market
- f. Kubu Tepi Sawah ( Trekking, Cylcing, Camping, Monkey forest, Mekori temple)
- **Belimbing Rice Terrace (The best track for trekking)**



Belimbing village famous for beauty of rice paddy terrace and countryside with breathtaking view of rice terrace. It is located in Belimbing countryside, Pupuan Village, Tabanan Regency, west part of Bali, around 45 minutes from KTS Villa.

You will see the beautiful rice terrace with the green rice field and mount Batukaru as a backdrop. It is situated in the chill area with cool weather surround it

and tropical plantations are also giving the captivate fascination. In this place, tourists can do short trekking around the rice fields, little jungle and local garden.

#### **What Do You Have To Remember About Belimbing Rice Terrace**

- Located in Belimbing countryside, Pupuan Village, Tabanan Regency
- Famous for beauty of rice paddy terrace and countryside with breathtaking view of rice terrace which is the best track for trekking.



### **7. CULTURE TOUR BY STAFF**

If there is culture activities such as tooth filling, wedding, cremation, temple ceremony the staff must be inform two days in advance so we can inform to the guest



## 8. IN HOUSE ACTIVITIES IN KTS RESORT

- **Yoga**

Yoga is one of the spiritual activities with deep meaning in human life. Yoga means unity mind, breath and movement. In KTS Resort we do a daily Yoga activities, morning and afternoon. We conduct Astangga Yoga.



- **Cooking Class**

Cooking class is one of the attractive activities, is not only learning about cooking, but more deep than that such as learning about balinese cuisine, communities, and argiculture.



- **Balinese Culture**

Balinese culture class is one of the tourists main interest when they come to Bali. Starting from balinese custome, balinese offering, temple and praying.



- **Coconut Oil Class**

Is one of beneficial activities, we learn about the process of making coconut oil and how the coconut growth.



- **Balinese Dance Class**

Balinese dance is a traditional dance use all part of body. There are so many types of dance in Bali.



- **Mixology Class**



Immerse yourself in a Bali culture by experiencing our mixology class. Our award winning mixology expert gives

you the insight into the skill behind local hand-crafted cocktails. You'll learn how to pair flavor combinations and the rich history behind Bali cocktail by using local spirit.

## 9. OUTSIDE ACTIVITIES

- Surfing ( Canggu, Kuta, Uluwatu, Keramas, Balian, kedungu)
- Rafting ( Ayung river, Telaga waja)
- Swing and Elephant Ride (Carang Sari Petang)
- Trekking, Cycling ( Belimbing, Ubud, Carang Sari Petang)
- Diving and Snorkling ( Amed, Tulamben, Nusa Penida, Nusa Lembongan, Gili Trawangan)
- Trekking Waterfall ( Belimbing waterfall, Tegenungan waterfall, Banyu Wana waterfall)